**THE HISTORY OF PSYCHOLOGY**

**100 Years: A Contemporary History**

1879 **First Psychology Lab**
Wilhelm Wundt opens first experimental laboratory in psychology at the University of Leipzig, Germany.

1890 **Sigmund Freud founds psychoanalysis**
Freud's psychoanalytic approach asserts that people are motivated by unconscious drives and conflicts.

1906 **Edward Titchener introduces structuralism**

1906 **Ivan Pavlov publishes the first studies in classical conditioning**
In 1906, two years before he won the Nobel Prize for his work with salivating dogs, Pavlov publishes the first studies in classical conditioning.

1901 **Behaviorism**
John B. Watson publishes "Psychology as Behavior," launching behaviorism. In contrast to psychoanalysis, behaviorism focuses on observable and measurable behavior.

1913 **The Behavior of Organisms**
B.F. Skinner publishes *The Behavior of Organisms*, introducing operant conditioning. It draws attention to behaviorism and inspires laboratory research on conditioning.

1938 **Humanism Begins**
Led by Carl Rogers and Abraham Maslow, who publishes *Motivation and Personality* in 1954, this approach centers on the conscious mind, free will, human dignity, and the capacity for self-actualization.

1956 **Cognitive psychology**
Psychologists begin to focus on cognitive states and processes.

**1860**

**1960**
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Use the timeline from the back to answer the questions.

2. What year did Edward Titchener introduce Structuralism? _______________________________________________________________________
3. What is the span (number of years shown) on this timeline? _______________________________________________________________________
4. What event happened in 1954? ___________________________________________________________________________________________
5. What is the *Manual of Experimental Psychology* about? _______________________________________________________________________
6. What two events happened in 1896? _______________________________________________________________________________________
7. What was the first modern book of psychology called? _______________________________________________________________________
8. Who founded Humanism? _________________________________________________________________________________________________
9. Which approach of psychology asserts that people are motivated by unconscious drives and conflicts? _______________________________________________________________________
10. What year did Ivan Pavlov win the Nobel Price for his work with salivating dogs? _______________________________________________________________________
11. Which approach of psychology focuses on the conscious mind, free will, human dignity and the capacity for self-actualization? _______________________________________________________________________
12. Who introduced operant conditioning? _______________________________________________________________________________________
13. A form of cognitive psychology is the leading form of therapy today. When did it begin? _______________________________________________________________________
14. 1879 is considered the first year of modern psychology. Why do you think? _______________________________________________________________________

Matching  Match the published work with its author - *You may use an author more than once

_15. Psychology as Behavior  a. William James
_16. The Reflex Arc Concept in Psychology  b. Abraham Maslow and Carl Rogers
_17. The Behavior of Organisms  c. B.F. Skinner
_19. Motivation and Personality  e. Sigmund Freud
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Use the timeline below to answer the questions.


2. What year did Edward Titchener introduce Structuralism? 1901

3. What is the span (number of years shown) on this timeline? 100


5. What is the Manual of Experimental Psychology about? Structuralism


7. What was the first modern book of psychology called? Principals of Psychology

8. Who founded Humanism? Carl Rogers and Abraham Maslow

9. Which approach of psychology asserts that people are motivated by unconscious drives and conflicts? Psychoanalysis

10. What year did Ivan Pavlov win the Nobel Price for his work with salivating dogs? 1904

11. Which approach of psychology focuses on the conscious mind, free will, human dignity and the capacity for self-actualization? Humanism

12. Who introduced operant conditioning? B.F. Skinner

13. A form of Cognitive Psychology is the leading form of therapy today. When did it begin? 1956

14. 1879 is considered the first year of modern psychology. Why do you think? The first psychological lab for research opened in 1879

Matching  Match the published work with its author - *You may use an author more than once

F15. Psychology as Behavior  a. William James

A16. The Reflex Arc Concept in Psychology  b. Abraham Maslow and Carl Rogers

C17. The Behavior of Organisms  c. B.F. Skinner


B19. Motivation and Personality  e. Sigmund Freud